

## FLU VACCINE

**Nurse:** Good morning, can I help you?

**Patient:** Yes, please. I am thinking about a flu vaccine but I need some information before I **decide**.

**Nurse:** What information do you need?

**Patient:** When is the best time for a vaccination?

**Nurse:** The flu season is from November to April so it is best to get the vaccine between September and mid-November but you can be vaccinated at other times of the year too. **However**, it's best to try to get it earlier **rather than** later.

**Patient:** What types of flu vaccine are there?

**Nurse:** There are two types. The flu **shot** is a vaccine **containing** killed virus. It is **suitable** for people older than 6 months, for healthy people and people with chronic medical **conditions**. The nasal-spray flu vaccine contains live, **weakened** flu viruses. It is only for healthy, **non-pregnant** people between the ages of 2 and 49 years.

**Patient:** Are there any people who shouldn't get the vaccine?

**Nurse:** Well, some people should talk to their doctor before vaccination - people who have a **severe** allergy to chicken eggs, those who have had a severe reaction to a flu vaccination

and people who suffer from an illness with a fever (they should wait until they **recover**).

**Patient:** Are there any **side effects**?

**Nurse:** Some **minor** side effects that can occur with the flu shot are **soreness**, redness, or **swelling** where the shot was given, fever and **aches**. These problems usually last only 1 to 2 days. The side effects of the nasal-spray vaccine can be a **runny nose**, headache, **sore throat** and **cough**.

**Patient:** But I cannot catch the flu when I am vaccinated, right?

**Nurse:** The vaccine reduces the chances of catching the flu **by up to** 80% but it isn't a **guarantee against** getting sick. However, if you get the flu after the vaccination the symptoms will be fewer and **milder**.

**Patient:** And how often do I need to get the flu vaccine?

**Nurse:** Each year, the influenza virus can change and the vaccine used in **previous** years becomes ineffective. **That's why** the vaccine is **updated** each year.

**Patient:** OK, thank you for all the information. I'll think about it.

## SLOVNÍ ZÁSoba

**to decide** = rozhodnout se

**however** = ale, avšak

**rather than** = spíše než

**shot** = injekce, dávka

**to contain** = obsahovat

**suitable** = vhodný

**conditions** = stav, situace, podmínky

**weakened** = oslabený

**non-pregnant** = netěhotná

**severe** = silný, prudký

**to recover** = zotavit se

**side effects** = vedlejší účinky

**minor** = menší, vedlejší

**soreness** = bolestivost, bolest

**swelling** = otok

**ache** = bolest

**runny nose** = rýma

**sore throat** = bolest v krku

**cough** = kašel

**by up to** = až do výše, až do určité hodnoty

**guarantee against** = záruka proti

**milder** = mírnější

**previous** = předchozí, předešlý

**that's why** = proto

**to update** = aktualizovat, obnovit



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