

# RESPONSIBILITIES OF A NURSE

Each type of nurse has different responsibilities but the primary responsibility of all nurses is to **take care of** patients 24 hours a day. Nurses help patients to **recover** and to return to their normal lives. They work with doctors to **cure** patients – doctors give instructions and nurses **carry out** doctors' orders. Nurses don't only work in hospitals and medical centres - many people are sent home from the hospital when they still need **nursing** care, so nurses often **care for** patients in their homes as well.

What are some of the nurse's responsibilities?

- to monitor the patients' **conditions** and their **vital signs**, to **report** any changes to a doctor
- to take temperature, pulse and blood pressure
- to give oral medication, to inject medication, to give intravenous **fluids** and drugs
- to make sure patients get enough fluids and **nourishment**
- to take care of patients' need to **eliminate wastes** from the body
- to make sure the **environment** is safe and healthy, to prevent infection (the room is clean, the patient is clean, needles and other materials are sterile etc.)

- to answer patients' call bells
- to escort patients to operating and examining rooms
- to help the patients with daily care - hygiene, hair care, shaving the male patient, care of the eyes and ears, nail care etc.
- to care for patients with **limited mobility** and to exercise patients
- to prepare patients for **surgery** and to care for them after surgery
- to care for patients in **life-threatening** emergencies – to resuscitate, to manage shock and bleeding
- to prepare patients for **discharge**
- to teach patients and their families about **proper diet** and nutrition, cleanliness and hygiene, exercise, sleep and rest and about care at home.

Each nursing **staff** has a Head nurse who plans work schedules, coordinates the staff and supervises nursing activities. A Head nurse is responsible for nursing **records** and all **equipment** and other **supplies** in **stock**.

## SLOVNÍ ZÁSoba

**responsibility** = zodpovědnost, odpovědnost

**to take care of** = starat se o, pečovat o

**to recover** = zotavit se

**to cure** = léčit

**to carry out** = vykonat, provádět

**nursing** = ošetrovatelský

**to care for** = pečovat o

**condition** = stav

**vital signs** = známky života; životně důležité funkce

**to report** = oznámit, podat zprávu

**fluid** = tekutina

**nourishment** = výživa, potrava

**to eliminate waste** = vyloučit odpadní látky

**environment** = prostředí, okolí

**limited mobility** = omezená pohyblivost

**surgery** = operace

**life-threatening** = ohrožující život

**discharge** = propuštění

**proper** = pořádný, vhodný

**diet** = strava; dieta

**staff** = personal, zaměstnanci

**record** = záznam

**equipment** = zařízení

**supply** = zásoba

**stock** = sklad



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