

## CARE FOR PREGNANT PATIENTS

**Nurse:** So, Mrs. Newton, I am here to answer your questions about your **antenatal** visits.

**Patient:** Thank you. This is all new for me, it's my first pregnancy.

**Nurse:** Don't worry, everything will be fine.

**Patient:** What will **happen** during the regular appointments?

**Nurse:** Well, the doctor will examine you, of course, he will do ultrasound scans and **several** blood tests.

**Patient:** What kind of tests?

**Nurse:** Tests that will make your pregnancy safer or **check** that the baby is healthy. Your blood will be tested to see **whether** it is rhesus negative or positive. We will offer you tests for example for syphilis, hepatitis B, HIV or **susceptibility** to rubella. Some tests are offered to all women, and some only to women who are **at risk** of a **particular** infection or **inherited condition**. Your doctor will inform you about all the tests **in detail**.

**Patient:** I want to have as many tests as possible to make sure the baby is healthy.

**Nurse:** You'll also give a urine **sample** at your antenatal appointments. Your urine will be checked for several things, **including** protein or albumin, because it can show an infection.

**Patient:** Sure.

**Nurse:** And I will take your blood pressure at every visit. It's very **common** that blood pressure is lower in the middle of pregnancy. This isn't a problem, but it can make you feel **light-headed** if you get up quickly.

**Patient:** And I hear you will weigh me regularly. How much will I **put on**?

**Nurse:** Most women put on 10-12.5 kg, most of it after they are 20 weeks pregnant. It is because the baby **is growing**, but your body also **stores** fat for making **breast milk** after the birth. During your pregnancy, it's important to eat the right foods and do regular exercise.

**Patient:** Of course – I will do anything that the doctor or you tell me to do!

## SLOVNÍ ZÁSoba

**pregnant** = těhotná

**antenatal** = předporodní, prenatalní

**to happen** = dít se, stat se

**several** = několik

**to check** = zkontrolovat, ověřit

**whether** = jestli, zda

**susceptibility** = náchylnost

**at risk** = v nebezpečí, v ohrožení

**particular** = určitý

**inherited condition** = dědičný stav

**in detail** = podrobně

**sample** = vzorek

**including** = včetně, zahrnující

**common** = běžný

**light-headed** = mající závrať

**to put on** = přibrat (na váze)

**to grow** = růst

**to store** = uložit, hromadit

**breast milk** = mateřské mléko



JAZYKOVÉ  
LEKCE  
EXKLUZIVNĚ  
PRO FLORENCE  
PŘIPRAVUJE



SKŘIVÁNEK

SKŘIVÁNEK MEDICAL

Specializovaná  
divize pro jazykovou  
výuku, překlady  
a tlumočení v oboru  
zdravotnictví

+420 466 615 721

+420 603 163 629

medical@skrivanek.cz

WWW.SKRIVANEK.CZ