

## DIABETES

**Nurse:** Good morning, can I help you?

**Patient:** Good morning, I have a few questions about diabetes, I am afraid that my son can **suffer from** this **disease**.

**Nurse:** We can **arrange** a blood glucose test for him **immediately**.

**Patient:** I would like to know more about the illness at first, maybe it's not diabetes.

**Nurse:** There are two types of diabetes – in type 1 the body does not **produce** insulin, in type 2 it does not produce **enough** insulin for **proper function**, or the **cells** in the body are resistant to insulin.

**Patient:** Do all patients with diabetes have to have injections for the **rest** of their life?

**Nurse:** Only patients with type 1 diabetes. They must also come to regular blood tests and eat a special **diet**. But

approximately 90% of all patients are type 2.

**Patient:** No injections **then**?

**Nurse:** Type 2 diabetes is a progressive disease - it **gradually gets worse** - and the patient will probably have to take insulin **in the end**, usually in tablet form.

**Patient:** And what are the most **common** diabetes symptoms?

**Nurse:** **Excessive thirst** and **increased** urination, **fatigue**, **weight loss**, **blurred vision**. But these can be **signs**. You should make an appointment with the doctor and bring your son here.

**Patient:** OK, I will, I think it would be better.

## SLOVNÍ ZÁSoba

**to suffer from** = trpět (čím)

**disease** = nemoc, onemocnění

**to arrange** = zařídit, domluvit

**immediately** = ihned, hned

**to produce** = produkovat, vyrábět

**enough** = dost

**proper function** = správné fungování, funkce

**cell** = buňka

**rest** = zbytek

**diet** = strava

**then** = tedy

**gradually** = postupně

**to get worse** = zhoršit se

**in the end** = nakonec

**common** = běžný

**excessive** = nadměrný

**thirst** = žízeň

**increased** = zvýšený

**fatigue** = únava

**weight loss** = váhový úbytek

**blurred vision** = rozmazaný, zastřený zrak

**sign** = znak



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