

TRAVEL VACCINES

Nurse: Dr. Novák's office. How can I help you?

Patient: Good morning. My name is Ashley Green, I'm Dr. Novák's patient. I would like to ask a few questions about vaccination because I'm planning a **trip** to Africa.

Nurse: Sure. The vaccination depends on which country you are going to and which part of the country, the season or time of year, the **length** of your **stay** and your health of course.

Patient: I would like to go to Algeria in November and **stay** there for 3 weeks.

Nurse: Well, you should arrange an appointment with Dr. Novák 6 to 8 weeks before your trip. Most vaccines **take time** to become effective and some vaccines must be given in a **series** over a period of days or weeks. It is also a good **opportunity** to discuss important travel health **issues including** safe food and water, **accidents**, sun **exposure** and **insect bites**.

Patient: I found a website with **useful** information about travelling to Algeria and it says that I need to be vaccinated against hepatitis A and **typhoid** and they also recommend vaccination against tetanus, hepatitis B and **rabies**...

Nurse: Tetanus vaccine is recommended for travellers who will be in an area with no possibility of correct **treatment** of an **injury** with tetanus danger. Hepatitis B vaccination is advised e.g. for health care workers, children, **in case of** long or frequent stays. And rabies vaccination is good for those going to risk areas far from medical help.

Patient: And how about malaria?

Nurse: Unfortunately, there is no effective malaria vaccine. You can take antimalarial tablets as prevention. Antimalarials are also used to treat malaria but you should not take the same ones that you used for prevention. **Anyway**, try to **avoid** mosquito bites by wearing long **sleeves** and long trousers especially after **sunset**, using insect repellents and sleeping under a mosquito **net**.

Patient: Thank you very much. I'll arrange the appointment with Dr. Novák **as soon as** I know when I'm leaving.

Nurse: OK. And don't forget to **ensure** you are **insured** for medical emergencies!

SLOVNÍ ZÁSoba

trip = cesta, výlet
length = délka
stay = pobyt
to stay = pobývat
to take time = trvat
series = sada, sled
opportunity = příležitost
issue = záležitost, téma
including = včetně
accident = nehoda
exposure = vystavení (se)
insect bite = kousnutí hmyzem
useful = užitečný
typhoid = břišní tyfus
rabies = vzteklna
treatment = léčba
injury = zranění
in case of = v případě (čeho)
anyway = každopádně, tak jako tak
to avoid = vyhýbat se
sleeve = rukáv
sunset = západ slunce
net - síť
as soon as = jakmile
ensure = postarat se o, zajistit
insured = pojištěný



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